# Secondary vocational case 11: Matthew Horsley

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| **VOCATIONAL OCCUPATIONAL THERAPY**  **Name:** Matthew Horsley  **Workplace:**  **DOB:**  8/11/[insert year] (39 years old)  **Client Address:** 1 Red St,[insert suburb and postcode]  **Claim number:** 007345  **Injury date:** 15/7/[Insert current year]  Mr Horsley is a 39 year old male who works full time as a personal trainer for a large chain of gyms. He has developed a stress fracture in his foot which is being managed conservatively with a CAM boot. It is non-weight bearing (NWB) for 6 weeks (he currently has hire crutches). He cannot work in his role as a personal trainer but would like to continue to work completing administrative tasks at the gym.  You have completed a worksite assessment and need to write a list of recommendations for the employer and client which should include:   * Instructions on how to safely use elbow crutches for NWB * Where to purchase elbow crutches and cost * A list of safety precautions for the workplace to ensure he maintains NWB status * Suggested alternate duties he could undertake while maintaining his NWB status   **Please complete the following tasks:**   * Create or locate instructions for safe use of crutches when NWB * Complete a joint letter to employer/employee with list of initial precautions and recommendations * Post these documents on the case conference forum on relevant LMS * Report back at case conference |

**Notes:**

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