# Secondary mental health case 11: April Simpson

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| **MENTAL HEALTH OCCUPATIONAL THERAPY****Name:** April Simpson **DOB:**  01/10//1991**Address:** 2 Steer Street, Mavic**Case Number: MH**0011Ms. April Simpson has developed dermatitis due to excessive hand washing, resulting from a fear of contamination. She has a diagnosis of Obsessive Compulsive Disorder, which she has lived with for six years. April lives with her boyfriend (Brad) in a small country town, just around the corner from her parents. April has always enjoyed working outdoors, and is interested in enrolling in a horticultural course. However, she has concerns about risks to her health from working in gardens and parks, as she has read about infectious organisms in the soil. April is currently unemployed, and has been offered a partial scholarship to the local agricultural college for the course on the basis of her entry into the town’s recent garden show. April has preferred to travel to a larger regional centre for her health care, as she doesn’t trust the local doctors to keep her confidentiality. She sees a GP in the larger centre on a monthly basis, but has no other mental health treatment at present.Please complete the following tasks:* Research strategies to work with April around her concerns about horticultural work, with the aim of enabling her to take up the scholarship and enrol in the course.
* Research issues related to access to mental health services for people in rural communities, and consider how April could overcome some of the barriers associated with this.
* Post these documents in the case conference forum in the LMS
* Report back at case conference
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**Notes:**

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