# Appendix 6: Daily Reflective Log for the Simulated Practice Placement

*Please take about 15-20 minutes at the end of each day to complete a reflective log. You may wish to do this individually, or through discussion in your subgroups. However you do it, keep a copy of each log in your own placement portfolio. You will add to this portfolio over the duration of the course.*

**Facts**

|  |  |
| --- | --- |
| What were the events of today? | What of those things were particularly significant for you/important to you, if any? Why was this? |

**Feelings**

|  |  |
| --- | --- |
| What aspect of today went well? | What was not so good? |
| What were my feelings about the day? | What were the feelings of others, if relevant/known? |

**Learning**

|  |  |
| --- | --- |
| How did my learning today link to my learning outcomes? | Where does it link in or combine with my existing knowledge? |
| What have I learnt from the day? |

**Conclusions**

|  |  |
| --- | --- |
| What do I need to do next? | How can I put my learning into practice in another situation? |

**Additional Notes:**