Secondary physical case 8: Samantha Jolley

**PHYSICAL REHABILITATION**

**Name:** Samantha Jolley

**DOB:**  17/05/1952

**Address:** 65 Drummond Street, Slater

**Case number:** PHY008

Mrs. Jolley has been an inpatient on an acute orthopaedic ward following a fall on her local bus. She fractured her right surgical neck of humerus (her dominant arm) and was badly bruised. She has to wear her right arm in a collar and cuff for the next 5 weeks and therefore is one handed. She lives alone and is due to be discharged home in a couple of days.

Mrs. Jolley is concerned about how she will prepare her meals at home especially lunch and dinner.

Please complete the following tasks:

• Source at least 2 options for home delivered nutritious prepared meals e.g. not fast food

• Write an information sheet for Mrs. Jolley outlining these options including delivery details and price and any relevant handouts that are obtainable from the companies. Include considerations with regard to how she can manage other meals and snacks throughout the day.

• Post these documents in the case conference forum in the LMS or submit to your facilitator

• Report back at case conference

**Notes:**

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