# Secondary mental health case 3: Mary Heath

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| **MENTAL HEALTH OCCUPATIONAL THERAPY****Name:** Mary Heath**DOB:**  09/03/1985**Address:** 79 Anchor Court, Lancevale**Case Number: MH**003Ms. Mary Heath has been recently diagnosed with Schizophrenia, resulting in apathy and a lack of motivation. She has recently moved to the other side of the city, and needs to find a GP in the local area who is ‘mental health friendly’ and preferably female. Mary moved following the break-up of her long term relationship, and how lives alone with her dog (Sam). Her relationship breakdown was acrimonious and she is no longer in contact with her former partner. Mary has no siblings, but is in regular contact with her parents who live in a rural area 5 hours away. She works part time as a primary teaching assistant, having secured a transfer to a new school during her move.Since her move, Mary has been finding it increasingly difficult to get out of bed for any activity apart from work. She is taking her medication as prescribed (chlorpromazine), but worries about its long term effects. Please complete the following tasks:* Research three different ways that Mary could locate a GP who meets her needs in the local area. Which would be the most efficient method?
* Research programs and supports available in a local council area, and consider how Mary might connect with them to establish herself in her new community.
* Post these documents in the case conference forum in the LMS
* Report back at case conference
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**Notes:**

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